

# EMPLOYMENT OPPORTUNITY



## INDOOR CYCLING INSTRUCTOR

Imagine going to work knowing that what you do each day positively influences the lives of the people in your community. Working at the Licking County Family YMCA, you'll discover more than a job—you will have an opportunity to make a lasting difference in the Licking County community.

**INDOOR CYCLING INSTRUCTOR** is responsible for providing indoor cycling education and instruction in a safe, enjoyable and positive environment that promotes member wellness and engagement. In addition, the cycling instructor provides a quality experience to all members focused around the YMCA core values of honesty, respect, responsibility and caring.

This is a part-time (up to 4 hrs./week) year-round position at our Newark Branch. The ideal candidate must be available in the evening and/or early mornings. All employees receive a free individual YMCA membership!

### Requirements:

- National certification in group fitness instruction (i.e.—ACE, NETA, AFAA, NASM) or YMCA Foundations of Group Exercise certification.
- Indoor cycling instructor certification preferred.
- 2 or more years of experience teaching group wellness classes preferred.
- CPR, First Aid and AED certifications.
- Full understanding of exercise equipment and proper operations.
- Strong communication skills (verbal, written and interpersonal) to instruct/teach as well as provide positive feedback, motivation and encouragement.

Submit completed application or resume to the Licking County Family YMCA Human Resources Department, 470 West Church Street, Newark, Ohio 43055 or [michele.daugherty@lcfymca.org](mailto:michele.daugherty@lcfymca.org). Applications can be obtained in person during normal business hours or printed from [www.lcfymca.org](http://www.lcfymca.org). For questions, please contact Michele Daugherty at 740.345.9622.