

# EMPLOYMENT OPPORTUNITY



## CARDIO/AEROBIC FITNESS INSTRUCTOR

Imagine going to work knowing that what you do each day positively influences the lives of the people in your community. Working at the Licking County Family YMCA, you'll discover more than a job—you will have an opportunity to make a lasting difference in the Licking County community.

The **CARDIO/AEROBIC FITNESS INSTRUCTOR** is responsible for providing fitness education and instruction in a safe, enjoyable and positive environment that promotes member wellness and engagement.

This is a part-time, year-round position located at our Western Branch in Pataskala, Ohio.

### Requirements:

- National certification in group fitness instruction (i.e.—ACE, NETA, AFAA, NASM) or YMCA Foundations of Group Exercise certification.
- Bachelor's degree in related field preferred.
- 2 or more years of experience teaching group wellness classes preferred.
- Strong knowledge of exercise physiology, kinesiology and/or anatomy.
- Full understanding of exercise equipment and proper operations.
- Strong communication skills (verbal, written and interpersonal) to instruct/teach as well as provide positive feedback, motivation and encouragement.
- Availability to work mornings and/or evenings as well as willingness to teach multiple types of fitness classes.

Submit completed application or resume to the Licking County Family YMCA Human Resources Department, 470 West Church Street, Newark, Ohio 43055 or [michele.daugherty@lcfymca.org](mailto:michele.daugherty@lcfymca.org). Applications can be obtained in person during normal business hours or printed from [www.lcfymca.org](http://www.lcfymca.org). For questions, please contact Michele Daugherty at 740.345.9622.