



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FOR ALL

ADAPTIVE GYMNASTICS

LICKING COUNTY FAMILY YMCA

Gymnastics

The emphasis of adaptive gymnastics is on motor skills development, body awareness, eye-hand coordination, building confidence and social skills while exploring basic gymnastics. This half-hour adaptive gymnastics class may require parent participation and will introduce your child to the wonderful world of gymnastics in a structured and safe environment.

WHO: 6-12 yr. old children with special needs

WHEN: Wednesdays 4:00-4:30pm

FOR MORE INFORMATION:

Contact Gymnastics Department at
740-349-9585 or
dianne.hodge@lcfymca.org

COST: \$40.00 Full Members
\$82.00 Non-Members

